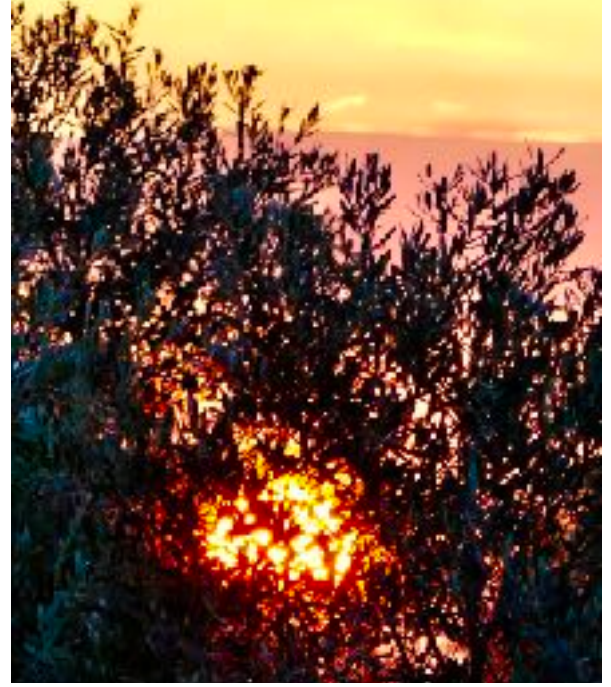


Prayer of simplicity

A retreat for deepening practice



People ask, How long will this take? The answer is that it doesn't matter how long it takes... All that matters is that we have not settled for half... that we are committed to growth and to maturity. – John Main OSB

Held in the peaceful rural setting of St Clement's Retreat Centre (a 1.5 hour drive from Canberra), this silent retreat is an opportunity early in the new year to deepen your practice of meditation. The retreat will focus on the underlying dynamics of contemplative prayer by attending in depth to the practice taught by John Main and the World Community for Christian Meditation. It will include several meditation 'sittings' each day.

Meditators in any tradition are welcome to participate, as are beginners. By focusing on the depth dimension of one method of Christian meditation, the retreat will enrich

understanding of and commitment to any contemplative path.

The retreat will be led by Sarah Bachelard, Director of Benedictus Contemplative Church. Sarah has led retreats and taught contemplation nationally and internationally.

When: 25 - 27 January 2019
Where: St Clement's Retreat Centre
Kalangan Rd, Galong, NSW
Time: 4pm Friday - 1pm Sunday
Cost: \$320 - ensuite
\$280 - shared bathroom
Register by: 16 January 2019
Inquiries: Sarah 0401 009 156
Rego: <https://www.trybooking.com/YOPO>